

# The Benefits of Chess...

Some articles you might find interesting about chess:

1. [Research Finds Chess More Beneficial In Lower Grades](#)
2. [Beating stigma on and off the chessboard: Girls and women in Australian chess](#)
3. [Chess players flock to Gold Coast club, games stores as The Queen's Gambit following grows - ABC News](#)
4. [Why Your Child Should Play Chess](#)

From the Australian Junior Chess Academy

**Chess is the ultimate game of strategy.**

It is unprejudiced and highly democratic - anyone can play regardless of age and gender. All of us play under absolutely **fair** and equal conditions using the same universal rules. There is no random element of luck; players are entirely **responsible** for the consequences of every move.

**Educational Benefits**

Chess is a series of dynamic **logic** problems, an opportunity for students to practise their **concentration, patience** and **resilience, memory**, and **critical** and **abstract thinking**. The educational benefits of chess are featured most prominently in **mathematics**. The Literature Review of Chess Studies concludes that "After-school chess programs had a positive and statistically significant impact on student mathematics outcomes." ([Nicotera et al., 2014, p. 4](#)).

**Playing chess assists in inspiring curiosity in the journey of becoming a lifelong learner.**

Chess teaches **humility** and **dignity**, in both victory and defeat, behavioural values which shape their beliefs, efforts and relationships with others. Students learn to treat **loss as an opportunity for growth** - a gift to help focus on areas needing improvement.